

Salad Menu
(prices for Small & Large)

Tossed Salad \$7 \$8
Romaine & Mesclun w/Tomato,
Cucumber, Red Onion & Carrots

Caesar Salad \$7 \$8
Romaine, Tomato, Croutons,
Grated Cheese & Caesar Dressing

Greek Salad \$8 \$9
Romaine, Feta, Olives, Red Onion

Grilled Chicken Salad \$9 \$10
Tossed Salad w/Grilled Chicken

Grilled Chicken Caesar Salad \$9 \$10
Caesar Salad w/Grilled Chicken

Chef Salad \$9 \$10
Ham, Turkey, Provolone,
Hard Boiled Eggs & Cucumbers

Antipasto Salad \$9 \$10
Tossed Salad topped w/Marinated
Mushrooms, Artichokes, Pickled Eggplant,
Roasted Peppers, Salami & Provolone

Buffalo Chicken Salad \$9 \$10
Tossed Salad topped w/ Buffalo
Chicken & Blue Cheese

BBQ Chicken Salad \$9 \$10
Tossed Salad w/BBQ Chicken & Ranch

Grilled Chicken Craisin Salad \$9 \$10
Mesclun, Craisins, Sliced Almonds,
Gorgonzola & Grilled Chicken

Salad Dressings
House Vinaigrette, Italian, French,
Creamy Parmesan Peppercorn, Blue Cheese & Ranch

**CREATE YOUR OWN
HEALTHY SALAD \$7.99 lb Salad Bar**

Breakfast

Breakfast Sandwiches
Includes Two Eggs on Hard Roll

Hashbrown \$1.00

Egg & Cheese \$3.50

Bacon, Egg & Cheese \$4.00

Ham, Egg & Cheese \$4.00

Sausage, Egg & Cheese \$4.00

Steak, Egg & Cheese \$5.50

Pastrami, Egg & Cheese \$5.50

Western Egg & Cheese \$5.50
w/Peppers, Onion, Ham & Cheddar Cheese

Scrambled Egg & Cheese \$3.50

Egg Whites w/ Spinach & Mushrooms Wrap \$4.95
Egg Whites w/Grilled Veggies & Prov. Wrap \$4.95

Cold Specials

American Combo
Roast Beef, Turkey,
American Cheese,
Lettuce & Tomato
Sub: \$8.00 Roll: \$7.00

Bologna & Cheese
Sub: \$7.00 Roll: \$6.00

Cappicola & Provolone
Sub: \$8.00 Roll: \$7.00

**Ham & Cheese
(The Old Fashion)**
Sub: \$8.00 Roll: \$7.00

Italian Combo
Ham, Salami, Provolone,
Cappicola, Pepperoni
Sub: \$8.00 Roll: \$7.00

Italian Combo Bomb
w/Hot Peppers &
Onions
Sub: \$8.50 Roll: \$7.50

Italian Flag
Fresh Mozz., Fresh
Tomatoes & Basil
Sub: \$8.00 Roll: \$7.00

Mortadella
w/Fresh Mozzarella
Sub: \$8.00 Roll: \$7.00

Prosciutto & Mozzarella
Sub: \$8.00 Roll: \$7.00

Roast Beef & Cheese
Sub: \$8.00 Roll \$7.00

Salami & Cheese
Sub: \$8.00 Roll: \$7.00

Tuna Melt
w/Melted Provolone
Sub: \$8.00 Roll \$7.00

Tuna LT
Sub: \$8.00 Roll \$7.00

Turkey & Cheese
Sub: \$8.00 Roll: \$7.00

Veggie
Assorted Vegetables,
Choice of Cheese
Sub: \$8.00 Roll: \$7.00

Wrap Sandwiches

Buffalo Chicken - \$8.00
Chicken Cutlet, Buffalo Sauce, American Cheese,
Lettuce & Blue Cheese

Grilled Chicken Caesar - \$8.00
Grilled Chicken, Romaine, Croutons, Grated Romano.
& Caesar Dressing

Chicken Club - \$8.00 w/Cheese \$8.75
Chicken Cutlet, Bacon,
Lettuce & Tomato

Grilled Veggie - \$8.00
Grilled Assorted Veggies, choice of Cheese,
Fresh Basil & Balsamic Vinegar

P&M Steak & Cheese - \$8.50
Steak, Cheese, Lettuce, Tomato, Grilled Onions,
Mushrooms & Mayo

Tuna Melt - \$8.00
Tuna, Melted Provolone, Lettuce & Tomato

Turkey Club - \$8.00
Turkey, Cheese, Bacon, Lettuce & Tomato

**Or Customize Your Own Focaccia
Soups**

**Chicken Noodle • Pasta Fagioli • Escarole & Beans
N.E. Clam Chowder • Italian Wedding • Butternut
Squash • Minestrone • Tomato Florentine**

Special Soups ADD \$1.00
Please Ask About Daily Soup Specials

Dinners to Go

	Ready to Eat	
For 1		For 2
8.95		15.95

Calamari with Linguini
Fettuccine Alfredo
Baked Ziti
Lasagna (meat)
Lasagna (vegetable)
Manicotti (3 per order)

Ravioli (cheese)
Spaghetti & Meatballs
Stuffed Shells (3 per order)
Chicken Parmigiana
Eggplant Parmigiana

Bread and Salad Included
Extra Items Priced Accordingly



Homestyle Italian Cooking

**FAMILY OWNED
& OPERATED SINCE 1985**

**CALL FOR DELIVERY OR
TAKEOUT**

Hours:

Mon-Thur: 8 a.m. - 7 p.m.

Fri & Sat: 8 a.m. - 8 p.m.

Sun: 9 a.m. - 3 p.m.

401 Main St, Branford

Phone: 203.488.6183

Fax: 203.483.6583

www.PMFineFoods.com

PMFineFoods@gmail.com



Hot Specials

On a Sub or Roll

Broccoli Rabe & Sausage
\$8 \$7

C&C Uzzi Special \$8 \$7

Calamari \$8 \$7

Chicken & Broccoli \$8 \$7

Chicken Brunello \$8 \$7
Chicken Cutlet w/Roasted Peppers & Provolone

Chicken a la fu \$8 \$7
Chicken Cutlet w/Provolone, Coleslaw & Gaggiana Sauce

Chicken Cacciatore \$8 \$7

Chicken Club \$8 \$7
w/ BLT & Mayo

Chicken Flag \$8.50 \$7.50
Chicken Cutlet w/Fresh Mozz., Tomatoes, Basil & Olive Oil

Chicken Flag a la P&M \$8.50 \$7.50
Chicken Cutlet w/Fresh Mozz., Tomatoes, Grilled Eggplant, Basil & Olive Oil

Chicken Gaggiana \$8 \$7
w/ Roasted Red Peppers & Spicy Sauce

Chicken & Onions \$8 \$7

Chicken P&M \$8 \$7

Chicken Parmigiana \$8 \$7

Chicken Sandrella \$8 \$7
w/ Chicken Cutlet & Broccoli Rabe

Chicken Santore \$8.50 \$7.50
Chicken Cutlet, Pepperoni, Roasted Red Peppers, Melted Provolone & Honey Mustard

The Classic \$8.50 \$7.50
Eggplant Parm. Topped w/ Chicken Cutlet & Melted Mozzarella Cheese

Eggplant Parmigiana \$8 \$7

Hotdogs & Potatoes \$7 \$6

Lemon Chicken \$8 \$7
Chicken Tenders sautéed in a Lemon & White Wine Sauce

Meatballs \$8 \$7

Pastrami Melt \$8 \$7

Pino's Favorite \$8 \$7
Prosciutto & Ricotta Al Forno (baked) w/ Fresh Tomatoes, Basil & Olive Oil

Porketta \$8 \$7
Boneless Pork Loin Seasoned w/Fresh Garlic, Fennel Seeds, Grated Cheese & Fresh Parsley rolled in Bread Crumbs

Sausage & Peppers \$8 \$7

Steak Bomb \$8.50 \$7.50
w/ Cheese, Pepperoni & Hot Cherry Peppers

Steak & Cheese \$8 \$7

Steak Deluxe \$8.50 \$7.50
w/ Cheese, Roasted Red Peppers & Mushrooms

Steak Pizzaiola \$8 \$7

Sofrito \$8 \$7

Veal Marsala \$8 \$7

Veal & Mushrooms \$8 \$7

Veal Parmigiana \$8 \$7

Some items not available daily. Call to inquire for specials.

Extra items will be priced accordingly

Stuffed Breads

Large - \$10.00 *\$12.00

Broccoli & Mozzarella
Broccoli & Sausage
Chicken Parmigiana*

Combination (assorted cold cuts)

Ham, Fresh Tomato & Mozzarella
N.Y. Style Onion Loaf (on order)*
Pepperoni & Cheese

Eggplant
Spinach & Mozzarella
Spinach & Sausage
***Buffalo Chicken**

***Broccoli Rabe & Sausage**

***Steak & Cheese**

***Pastrami & Onion**

Focaccia Sandwiches

#1 - Turkey - \$8.00
w/Roasted Peppers & Melted Provolone

#2- Prosciutto - \$8.00
w/Fresh Mozz., Basil & Fresh Tomatoes

#3 - Mortadella - \$8.00
w/Fresh Mozz, Basil & Fresh Tomatoes

#4 - Grilled Chicken - \$8.00
w/Fresh Mozz & Honey Mustard Dressing

#5 - Grilled Eggplant - \$8.00
Fresh Mozz, Fresh Tomatoes & Basil Topped w/Salt, Pepper & Olive Oil

#6 - The Flag - \$7.00
Fresh Mozz., Fresh Tomatoes & Basil Topped w/Salt, Pepper & Olive Oil

#7 - Chicken Brunello - \$8.00
Chicken Cutlet w/Roasted Peppers & Melted Provolone

#8 - The Veggie - \$8.00
Focaccia filled w/Fresh Veggies, Choice of Cheese, Olive Oil & Balsamic Vinegar

#9 - Toscano - \$8.00
Smoked Salami, Mortadella, Provolone, Tomatoes, Balsamic Vinegar, Olive Oil & Basil

#10 Portabello - \$8.00
Grilled Portobellos, Roasted Red Peppers, Gorgonzola & Mesclun

#11 - Chicken Pesto - \$8.00
Grilled Chicken, Pesto, Sundried Tomatoes & Mesclun

#12 - Manfro - \$8.50
Grilled Chicken, Fresh Mozz, Roasted Red Peppers, Balsamic & Prosciutto

#13 - Latino - \$8.50
Ham, Grilled Chicken, Pickles, Swiss, Mayo & Sundried Tomato Pesto

#14 - Italiano - \$8.50
Salami, Soppressata, Provolone, Roasted Red Peppers, Tomato, Olive Oil & Balsamic

#15 - East Rocker - \$8.00
Grilled Chicken, Sundried Tomato Pesto, Onion & Goat Cheese

#16 - Vesuvio - \$8.50
Smoked Turkey, Cheddar Cheese, Broccoli Rabe, Kalamata Olives

#17 - Fried Eggplant Flag - \$7.50
Fresh Mozz, Fresh Tomatoes & Basil Topped w/Fried Eggplant

Pizza Specialties

(Prices for Small, Medium & Large)

2XL Mozzarella Pizza - \$16.95

Primavera 9.95 11.95 13.95
White, Fresh Tomato, Garlic, Basil, Oil

Tropicana 9.95 11.95 13.95
White or Red w/Ham, Pineapple & Mozzarella

Sicilian 18.95
Red or White with Gaeta Olives, Escarole, Garlic, & Sausage Topped w/Grated Cheese

Margherita 8.95 10.95 12.95
w/Tomato sauce, Basil, Fresh Garlic, Grated Romano Cheese & Olive Oil

Clams Casino 11.95 14.95 17.95
(Mozz optional) White, Fresh Clams, Bacon, Green Peppers, Garlic, Grated Romano, Drizzled w/Olive Oil Served with a Twist of Lemon

Escarole & Bean 9.95 11.95 13.95
White w/Lite Mozzarella, Escarole & Beans, Garlic, Grated Romano Topped w/Olive Oil

Mario & Maria's Favorite 12.95 14.95 16.95
White w/Fresh Tomato, Ricotta, Mushroom, Eggplant Topped w/Fresh Basil, Lite Mozzarella & Drizzled w/Olive Oil

Pino's #1 9.95 11.95 13.95
White w/Broccoli Rabe and your choice of Hot or Sweet Sausage, w/Grated Romano, Lite Mozzarella & Olive Oil

Bruno's #1 12.95 14.95 16.95
White or Red w/Fresh Spinach, Fresh Mushrooms, Sausage, Onions, Grated Romano, Roasted Peppers & Mozzarella

The Works a la P&M 11.95 13.95 15.95
Red w/Bacon, Pepperoni, Sausage, Meatball, Topped w/Onions, Garlic, Broccoli & Grated Romano

The Veggie 11.95 13.95 15.95
White or Red w/Mozzarella, Broccoli, Mushrooms, Black Olives, Green Peppers & Eggplant

Mashed Potato 11.95 13.95 15.95
White w/Potato, Bacon & Onions

Meat Lovers 11.95 13.95 15.95
Red w/Bacon, Pepperoni, Sausage & Meatball

Buffalo Chicken 11.95 13.95 15.95
White w/Ranch Dressing

Grilled Chicken 11.95 13.95 15.95
White w/Ranch Dressing & Onions

Pizza Specialties

Artichoke Delight 11.95 13.95 15.95
White or Red w/Roasted Red Peppers, Garlic and Mozzarella

Barbeque Chicken 11.95 13.95 15.95
White

Granberry 11.95 13.95 15.95
White w/Baby Shrimp, Garlic, Olive Oil, Grated Parm

Chicken Gaggiana
White w/Chicken, Spicy Gorgonzola Sauce w/Roasted Peppers

Sandrella 11.95 13.95 15.95
White w/Broccoli Rabe, Sausage & Garlic

Calzones

All Come With Sauce

	Med.	Lg.
Regular - Mozzarella & Ricotta	11.95	15.95
Each additional topping \$2.00		

Square Sicilian Pizza

Thick Crust - One Size Only - 18"

Mozzarella	13.95
Each topping \$2.00	

Neopolitan Pizza

Thin Crust

	Sm.	Med.	Lg.
Plain (just sauce)	6.95	7.95	9.95
Mozzarella	7.95	8.95	10.95
Each additional topping	\$1.00	\$1.50	\$2.00

Available Toppings

Artichokes	Anchovies*
Bacon	B BQ Chicken*
Black Olives	Buffalo Chicken*
Broccoli	Brocc. Rabe & Sausage*
Extra Cheese	Chicken & Broccoli*
Fresh Tomato	Eggplant*
Fresh Garlic	Fresh Clams*
Hot Peppers	Ham & Pineapple*
Meatball	Hot Dogs*
Mushrooms	Ricotta*
Onion	Roasted Peppers*
Peppers	Steak*
Pepperoni	
Sausage	
Spinach	

***Toppings are \$2.00 Extra**